


	<p style="text-align: center;">COVID-19 EMERGENCY</p> <hr/> <p style="text-align: center;">GUIDELINES ON THE MEASURES AND REGULATIONS TO PREVENT THE SPREAD OF COVID-19</p> <p style="text-align: center;"><i>International Race Milan 24-25 April 2021</i></p>	
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GUIDELINES ON THE MEASURES AND REGULATIONS TO PREVENT THE SPREAD OF COVID-19

INTERNATIONAL RACE MILAN 24-25 APRIL 2021

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FOREWORD

This Protocol has been drawn up for the INTERNATIONAL RACE MILAN 24-25 APRIL 2021 which will be held at the Idroscalo Milan - Circonvallazione Idroscalo, 29 - 20090 Segrate MI, organized by the Idroscalo Club. The competition is among those of pre-eminent national / international interest and therefore it is allowed to run. The document describes the technical, organizational and hygienic conditions adopted for the conduct of the competitions in compliance with the rules of social distancing, without any gathering and behind closed doors. The area within which the event will be organized is defined in the attached plans. All those who enter the area will be given bracelets with different colors based on the day and the areas to which they will have access. The competitions are scheduled outdoors, without the presence of the public. The closed areas must be clearly delimited and access controlled for the duration of the competitions. The stands must be closed, with no access for the public. The public space under the grandstand is not part of the event area; it will not be possible to access this venue from the competition area.

All organization staff, athletes, match judges, timekeepers, rescue personnel are required to comply with the provisions of the Protocol with conscious, constant and collaborative punctuality.

Compliance with the Protocol will be verified by the Clerk of the Course who may interrupt the event at any time should significant deviations from the competition protocol emerge. The Clerk of the Course will refer to the COVID MANAGER identified by the Organizing Committee for all issues relating to the management of the risk of contagion from COVID-19.

1. COVID MANAGER

The figure of the Covid Manager (CM) of the event is identified in the person of Mr. Massimo Bucci.

Activities and skills:

- Supervise of the carrying out of the temperature measurement by the employees;
- Supervise of the correct use of PPE;
- Supervise of the system access procedures;
- Supervise of the acquisition of self-certifications of the organisation's staff, of the participants in the event and more generally of all those who access the area of the sporting event;
- Supervise of the correct execution of cleaning and disinfection activities by the employees;
- Supervise of the correct spacing in the logistics and athletes area;
- Implementation and coordination of procedures relating to the management of symptomatic people;
- Decision on the removal of people from the sports facility and from areas closed to the public if symptomatic of COVID or who refuse to comply with the provisions of the Protocol.

The CM will carry out informative meetings with the staff and volunteers, defining competences, roles and rules to be respected; scheduled meeting with the representatives of all the participating companies to describe the safety measures adopted and the behaviors to be followed.



2. INFORMATION TO PARTICIPANTS

The Bulletin, the "Protocol" and the related attachments will be sent by the Italian Canoe Kayak Federation to all Clubs and are always available on the federal website www.federcanoa.it.

The Organizing Committee may provide further information and / or clarifications through its website <https://idroscaloclub.net>, or by means of a specific email addressed to all participating companies.

In particular, the information concerns:

- a) the obligation to stay at home in the presence of fever (over 37.5 ° C) or other flu symptoms and to call

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your doctor;

- b) the prohibition of access to those who, in the last 14 days, have had contact with subjects who tested positive for COVID-19;
- c) pay particular attention to surface hygiene;
- d) maintain an interpersonal distance of at least 1 meter;
- e) avoid close contacts such as hugs or handshakes;

methods of access to the event area, subdivision of areas and routes (attach floor plan).

Entries and exits from the competition area must be minimized; athletes, technicians and companions will remain within the perimeter of the event from access until the exit at the end of the race.

3. GENERAL MEASURES



The following general measures are identified for the management of the event.

- Sports event area. Access to the event area is allowed to FICK members and staff involved in the organization of the event such as timekeepers, volunteers, health personnel, access control or temperature verification personnel, catering service personnel (where present). The associates of the other facilities in the area will be subjected to triage for access. Checks will be made on the actual FICK membership of the accompanying persons. All people who have passed the entrance triage will be given an identification bracelet on a daily basis, which must be worn during the entire period of stay in the reserved areas. Random checks may be made by personnel in charge of the right to remain in the restricted areas. The Covid Manager has the right to expel anyone who does not comply with the rules and instructions set out in this plan from the exhibition area.
- The use of changing rooms and showers is not foreseen. For the change of clothes, the individual companies registered must equip themselves, for example with a gazebo.
- Toilets will be available in the different areas, as indicated in the attached plan, periodically disinfected throughout the day.
- All participants must be equipped with a mask, even of the "community" type, to be used constantly in the event area with the exception of the competition phase only.
- Escorts. The number of accompanying persons who can access the event area is one for every six athletes with a minimum of two.
- Team Leader. Each association identifies, upon registration, the team leader; he is responsible for compliance with the rules of conduct and the safety protocol of the event by the athletes and other companions of the association. For multi-day races, the team leader verifies constant compliance with the rules of hygiene and spacing even outside the event area, isolates athletes with symptoms, checks the temperature before departure and every day before transfer to the competition field.

The area hosting the event is structured in the following spaces, to be delimited (e.g. with tape):

- Logistics area
- Race area
- Accreditation
- Departure and arrival stations
- Award ceremony area

The different areas will be supervised by personnel identified by the Organizing Committee equipped with identification bibs.

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4. REGISTRATION AND TRAVEL

During the registration phase, the participating Clubs will indicate:

- that the registered subjects did not test positive for COVID-19 and show no symptoms;
- the vehicles (vehicles and trailers) that will participate;
- the tensile structures (gazebos) in tow and the square meters they occupy;
- the number of accompanying persons (Club members);
- the email address to send communications to and telephone number for creating a "WhatsApp group" to issue urgent communications.

The above documents must be sent to the organizing committee as soon as possible and in any case no later than **20th April 2021**.

Entry fees. The companies will make the payment by bank transfer (BANCA POPOLARE DI SONDRIO headed: IDROSCALO CLUB ASD - IBAN code: IT84Z0569620600000005370X12) and a copy of the payment receipt will be delivered to the employees during the accreditation phase. Exceptionally, for those who were unable to make the payment by bank transfer, it will be possible to pay the registration fees possibly by debit or credit card at the Club offices.

We hereby inform you that, should a cash deposit be requested for the delivery of numbers for the fund, this will be delivered enclosed in an envelope bearing the name of the Club.

Before leaving your club, you will have to check the body temperature of athletes and companions or obtain a declaration that the measurement has been made at home. People with a temperature above 37.5 ° C will not be allowed to leave for the competition area.

During the trip:

- comply with the regional regulations regarding the occupancy of seats on the vehicles.
- use the grille throughout the journey and frequently ventilate the passenger compartment.

5. ENTRANCE TO THE SPORT FACILITIES

Temperature control

Access to the event area will take place from points 2 and 4 indicated in the attached plan. In correspondence with the accesses, the triage stations will be located with body temperature measurement and withdrawal of declarations (to be delivered only once, at the first access).

All participants, their companions, the staff of the organization and in general all those who access the area of the sporting event will be subjected to triage.



Upon completion of the triage, a bracelet to be worn throughout the day will be given.

For the entry of Idroscalo Club members and Associates to the facilities in the area, only the temperature measurement and delivery of a different colored bracelet is required. These subjects will be able to go to the offices of the Associations and carry out activities there, without attending the parts of the facility that are the subject of the sporting event.

People with a temperature above 37.5 ° C will not be allowed access and will have to consult their doctor.

The temperature measuring staff will be equipped with adequate PPE (mask, visor, gloves).

The declaration referred to in Annex 1 must be signed and delivered by all subjects who, for whatever reason, will access the exhibition area. The Organizing Committee will keep them for 14 days.

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6. LOGISTIC AREA

For the logistics area, spaces A in the attached plan, the following measures are envisaged:

- maintain a minimum distance of 2 meters between the clubs,
- stay close to your minibus to change, use the mask, keep the interpersonal distance of 1 m.
- no access for persons other than athletes and accompanying persons to the logistics area
- toilets available to athletes and accompanying persons in the positions indicated in the plan;
- the participating companies are advised to equip themselves with a gazebo for changing to be installed near the trailer.

7. RACE MANAGEMENT

Accreditation



- Accreditation made by the Club representative.
- Maintain a minimum spacing of 1 m.
- Obligation to use mask.
- The departure and arrival orders will be available only electronically.

Race

- Differentiated embarkation and disembarkation jetty. Expected constant presence of personnel to manage embarkation and disembarkation jetties.
- Only athletes are present on the pier.
- Paracanoe athletes can be accompanied by the coach who is obliged to wear a mask.
- Spacing while waiting for exit / boarding.
- Use of mask until boarding.
- Obligation to wear footwear until boarding. Footwear must be kept inside the boat even during the course of the competitions.
- In case of use of material (canoe, paddle, life buoy, cockpit cover, etc.) by more than one person, disinfection with suitable materials is required by the participating club.

Departure and arrival stations

- The stations are delimited with no access.
- The judges must wear the mask and carry out the control of the boats and the material without physical contact or alternatively using gloves or sanitizing gel before and after the control.
- Timekeepers must use the mask, sanitize their hands and clean the touch surfaces at the start and end of use.

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8. AWARD CEREMONY

The following measures are defined for the awards:

- the awards ceremony will take place in a delimited area in which only the awarded athletes and at most one companion with a mask will enter.
- Interpersonal distances of 1 meter must be respected.
- The awards are divided for each category or after each race.
- The awarded athlete takes the medal directly from the tray that will be passed to him by an attendant equipped with a mask to wear it around his neck.
- - No handshakes and hugs.

9. WATER RESCUE

The use of a mask (FFP2 without valve), visor and gloves is foreseen for the personnel assigned to rescue in the water,

The rescue operations carried out will be recorded with an indication of the athlete rescued and the rescuers involved; the data will be collected together with the self-declaration forms.

Depending on the conditions of the rescue athlete, the rescue personnel will evaluate whether to make him wear the mask and when.

10. CLEANINGS AND SANITIZING

Cleaning and sanitizing the premises are the fundamental actions that, together with interpersonal distancing, can avoid the spread of the virus.



The Organizing Committee ensures the periodic cleaning, disinfection and sanitizing of all the premises and areas affected by the sporting event.

With reference to CLEANING, with the use of detergents with disinfectant function provided with authorization / registration issued by the Ministry of Health, the following is established.

a) Sports equipment The nautical material must be disinfected before departure from the headquarters of the participating Company. In case of sharing material during the competition, disinfection must be provided after each use, by the participating company. For the polo canoe, disinfection is required at the end of each batch of all the material (canoe, paddle, helmet, cockpit cover, life jacket).

b) Common areas, doors, toilets, The Organizing Committee will pay particular attention to cleaning the common areas (toilets, arrival stations if indoors, etc.) and installations (doors, handrails, windows, handles, benches, hangers, etc.) taps, sinks, toilets, chairs) where the frequency or the possibility of contact is greater. All visitors will be made aware of the importance of complying with the rules of hygienic-sanitary behavior to help maintain the maximum cleanliness and healthiness of these environments.

c) The piers will be disinfected at least twice a day.

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Disinfection involves the use of sodium hypochlorite solutions diluted with 0.1% active chlorine (0.5% for toilets) distributed with low pressure, manually operated dispensers. When disinfecting the piers, attention will be paid to limiting oneself to the surface of the same without affecting the water mirror.

With regard to sanitize, the Association will proceed with the related operations with the support of a specialized company:

- in compliance with the provisions of the circular of the Ministry of Health no. 5443 of 27 February 2020, expressly referred to in the shared Protocol of 14 March 2020, if a full-blown case of COVID19 has stayed on the premises of the sports facility.

11. PERSONAL PROTECTIVE EQUIPMENT

Masks

The use of CE marked masks classified FFP2 is intended for staff carrying out cleaning activities and for staff assigned to temperature control and rescue.

For athletes, companions and staff of the organization, the use of masks compliant with regulatory provisions is expected.

In most cases, the minimum interpersonal distance of one meter must be respected, including those of coexistence on board the same means of transport.



12. HANDLING SUBJECTS WITH SYMPTOMS

An isolation room will be provided for those who present symptoms attributable to COVID-19 during the course of the event.

Operational indications for the management of subjects who present symptoms during their presence at the sports facility.

- a) The subject who accuses fever should immediately avoid close contact with others and report the situation. The latter accompanies him to the infirmary room and gives him a mask.
- b) If the symptoms allow it, the subject is invited to go to his home and contact the attending physician.
- c) If the symptoms do not allow the removal independently, the SINGLE EMERGENCY NUMBER 112 will be contacted.

Following the removal of the subject, in the event of a positive response to COVID-19, the system will be closed to proceed with sanitization before reopening.

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ATTACHMENT 1 – SELF-DECLARATION FORM FOR ADULTS



I undersigned _____
 born in _____ On _____
 Resident in (city/country) _____
 address _____

 e-mail _____
 phone _____

DECLARE

- that I didn't test positive to COVID-19 or (if previously tested positive) that I have strictly complied with the health protocols laid down by the ruling authorities and have since observed a 14-day period of isolation;
- that in the last 14 days I didn't show symptoms related to COVID-19 such as body temperature $>37,5^{\circ}\text{C}$, Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea;
-
- that in the last 14 days I didn't come in close contact with people who tested positive to Covid19 (family members, colleagues, etc.)

(date and signature)

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ATTACHMENT 1a – SELF-DECLARATION FORM FOR MINORS

I undersigned _____
parent/legal guardian of _____



born in _____ On _____
Resident in (city/country) _____
address _____

e-mail _____
phone _____

DECLARE THAT MY SON/DAUGHTER

- didn't test positive to COVID-19 or (if previously tested positive) that he/she has strictly complied with the health protocols laid down by the ruling authorities and has since observed a 14-day period of isolation;
- that in the last 14 days he/she didn't show symptoms related to COVID-19 such as body temperature $>37,5^{\circ}\text{C}$, Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea;
- that in the last 14 days he/she didn't come in close contact with people who tested positive to Covid19 (family members, colleagues, etc.).

(date and signature)

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ATTACHMENT 2 – REGISTRATION FORM

Declaration to be mailed to idroscalogare@gmail.com as soon as possible, and in any case no later than **April 20th, 2021**.
 In case any change occurs in the provided information, please inform the Covid Manager upon enrollment.

I undersigned _____

parent/legal guardian of _____

born in _____ On _____

Resident in (city/country) _____

address _____

e-mail _____

phone _____

president/coach/trainer/staff of (club or national team)

DECLARES THAT

The vehicles (cars and trailers) that our team will bring along are:

Model _____ license plate n° _____

Model _____ license plate n° _____



Model _____ license plate n° _____

Model _____ license plate n° _____

Our team will bring along _____ tents (write the number of tents) covering a
 total of _____ square meters.

Athletes (total number) _____ names and last names:

1.		2.	
3.		4.	
5.		6.	
7.		8.	
9.		10.	

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11.		12.	
13.		14.	
15.		16.	
17.		18.	
19.		20.	

The Team Leader in charge of the trip is _____

And the registered team staff are (total number) _____ ; name and last name:

1.		2.	
3.		4.	
5.		6.	
7.		8.	
9.		10.	
11.		12.	
13.		14.	
15.		16.	
17.		18.	
19.		20.	

(date and signature)